August 1, 2016

TO: UTAH COUNTY SCHOOL DISTRICTS:

Acetaminophen (Tylenol), or Ibuprofen (Advil or Motrin), may be given by the school nurse or other school employees as designated by the Principal of the school to any student after assessment of need. There must be parental or guardian permission, written or by telephone, for each time one of the medications is given. A medication log will be used to record the date and time, the student name, the name of the parent or guardian who was contacted, which medication was given, along with the dosage of that medication, and the initials of the person administering the medication. It is recommended that children or adolescents should not be given aspirin or medication containing aspirin (without the advice of a physician) because of the risk of a rare but serious condition called Reye’s Syndrome.

**Dosage**: ACETAMINOPHEN (TYLENOL)

- GRADES K-6 325 mg (1 adult tablet equivalent)
- GRADES 7-12 650 mg (1-2 adult tablets per parent)

**Dosage**: IBUPROFEN (ADVIL OR MOTRIN)

- GRADES K-6 200 mg (1 adult tablet equivalent)
- GRADES 7-12 400 mg (1-2 adult tablets per parent)

Ralph L. Clegg, E.H. S., M.P.A.  Date  David C. Flinders, M.D.  Date
Executive Director  Medical Director
Utah County Health Department  Utah County Health Department