

# Tanning Information and Consent Form

The customer must sign the following form before the initial tanning session and at least annually thereafter. Signing is acknowledgment made that the customer understands all information including the warning statement. The operator shall also sign the form indicating it has been read by the customer.

Print Name \_\_\_\_\_ Birth Date \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home or Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

The following information and questions are necessary so we may better serve you and provide the TAN you desire. Each question MUST be answered HONESTLY.

- What is your skin type? Check box that best describes you. Also circle answers on the chart.
  - 0. Always burns easily (painful burn); tans little or none and peels. Fair skin, blue eyes and freckles, very white skin. **Should not tan.**
  - I. Usually burns easily and severely (painful burn); tans minimally or lightly, also peels. Fair skin; red or blond hair; blue, hazel or even brown eyes; unexposed skin is white. Follow recommendations.\*
  - II. Burns moderately and tans about average. Average Caucasian, unexposed skin is white. Follow recommendations.\*
  - III. Burns minimally. Tans easily and substantially; exhibits immediate pigment darkening reaction. People with white or light brown skin, dark brown hair, dark eyes. (e.g. Mediterranean, Oriental, Hispanic, etc.) Unexposed skin is white or light brown. Follow recommendations.\*
  - IV. Rarely burns, tans easily and substantially. Always exhibits immediate pigment darkening reaction. Dark pigmented persons. Unexposed skin is brown. Follow recommendations.\*

\*Manufacturer's recommended exposure schedule is printed on all tanning beds.

Question	Score 0Points	Score 1 Points	Score 2 Points	Score 3 Points	Score 4 Points	Total Points
A. Eye Color?	Light blue, gray or green	Blue, gray, hazel or green	Brown	Dark Brown	Brownish/black	
B. Natural Hair Color?	Sandy, red	Blond or strawberry blond	Chestnut, dark blond, light brown	Dark Brown	Black	
C. Color of untanned skin?	Reddish	Very Pale	Pale with beige tint	Light Brown	Dark Brown	
D. Freckles?	Many	Several	Few	Very Few	None	
E. What happens when you stay long in the sun?	Painful redness, peeling, blistering.	Burns regularly with peeling.	Burns, sometimes with peeling.	Burns rarely	Never burns.	
F. To what degree do you tan?	Hardly; not at all brown	Tans a little, a light color	Tans reasonable	Tans very easily	Quickly turns dark brown	
G. How does your face react to the sun?	Very Sensitive.	Sensitive.	Normal.	Very Resistant.	Never a Problem	
Total each column						
Skin Type Point Ranges	0-3 Type 0	4-10 Type I	11-17 Type II	18-24 Type III	25-28 Type IV	

- Do you tan your whole body? \_\_\_\_\_
  - Have you tanned in the past 48 hours? \_\_\_\_\_
- Do you have any known allergies or reactions to sunlight? \_\_\_\_\_ e.g. Hives, extreme burn, rash, fainting, cold sores.
- Are you taking any medications, pills, or using any products that may cause photoreactions? \_\_\_\_\_
- Photosensitivity can be caused by many classes of medications, cosmetics, and other products. Below are a few. Ask for a more complete list if you have concerns.**

Antihistamines	Birth Control Pills	Cosmetics & Perfumes
Anti-inflammatory drugs	Antisectics	Deodorant Soaps
Antibiotics & Anti-infectives	Artificial sweeteners	Bacteriostatic Soaps
Anti-diabetic drugs	Psoriasis/eczema products	Flavorings & Spices
Thiazide Diuretics	Medicated Shampoos	Tattoos
Tricyclic Antidepressants	Dyes	Sunscreens

- Are you pregnant? \_\_\_\_\_ Consult with Physician if you are. Tanning may be inadvisable during pregnancy (for reasons such as excessive heat and folic acid depletion).
- Have you ever had skin cancer? \_\_\_\_\_ Are you aware of negative effects related to Ultraviolet (UV) exposure? \_\_\_\_\_
- Are you aware of the potential negative health effects of UV exposure that include increased risk of skin cancer later in life, premature aging and activation of some viral conditions? \_\_\_\_\_
- Do you have any questions about this information? \_\_\_\_\_
- Are you aware of exposure limits? \_\_\_\_\_

**After you have received satisfactory answers to your questions, please read the following warning and then both you and the operator must sign indicating that you have read and understood the information provided.**

**DANGER - ULTRAVIOLET RADIATION.** Follow instructions. Avoid overexposure. As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. Repeated exposure may cause premature aging of the skin and skin cancer. **FAILURE TO USE PROTECTIVE EYEWEAR MAY RESULT IN SEVERE BURNS OR LONG TERM INJURY TO THE EYES.** Medications or cosmetics may increase your sensitivity to the ultraviolet radiation. Consult physician before using sunlamp if you are using medications, have a viral condition, have a history of skin problems, or believe yourself especially sensitive to sunlight. If you do not tan in the sun, you are unlikely to tan from the use of this product.

**AFTER READING ALL OF THE ABOVE WRITE ON THE LINE BELOW "I have read all of the above"**

\_\_\_\_\_  
 (I have read all of the above)

Patron Signature \_\_\_\_\_ Date \_\_\_\_\_

Operator Signature \_\_\_\_\_ Date \_\_\_\_\_

Any minor (an individual younger than 18 years of age) must in addition to the above signatures, provide the tanning facility operator with this card signed as a consent form by the parent or guardian of said minor. The signature must be obtained before the initial tanning session. [Requires signing in presence of operator.]

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_