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UTAH COUNTY  
HEALTH DEPARTMENT

ANNUAL REPORT

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# LETTER FROM THE EXECUTIVE DIRECTOR

Dear Utah County Residents and Community Leaders:

With the COVID-19 pandemic and the demands place upon public health, it has been challenging to find time to reflect on the year 2019 and its accomplishments. Putting the demands of the pandemic aside for a few minutes, I will try to focus on a few of the many important events, services and accomplishments from 2019.

A highlight for early in the year was the opening of the Payson Clinic in January of 2019 for walk-in Vital Records (birth and death certificates) and immunization services, along with scheduled WIC services. We partnered for services in a building with Wasatch Behavioral Health and the Utah County Department of Alcohol and Drug Prevention and Treatment. In opening this facility, we have been able to provide more convenient walk-in services for our south county residents.

Due largely to additional monies provided to the school districts by the legislature, coupled with some additional school district and health department funds we were able to strengthen our school nursing program by adding 11.75 FTE nurses to the Alpine School District, .75 FTE nurse to the Nebo School District, and .25 FTE nurse to the Provo City School District. The addition of these nurses will enhance our coordination with the school districts in protecting the health of our children, our most precious resource.

Early in 2019, we worked closely with two of our county cities, Cedar Hills and Lehi, as they implemented Tobacco 21 laws which made it unlawful to sell tobacco products to anyone under the age of 21. This important action, by these cities, led directly to the legislature passing a state-wide Tobacco 21 law during the 2019 legislative session.

As most residents are aware, Utah County's population is growing rapidly. A significant portion of this growth has been taking place in and around Utah Lake. This growth pattern has made mosquito abatement a challenge in many of these areas. It has become more difficult to get staff on four wheelers into some of the more problematic areas of mosquito breeding and has made air spraying these areas from a plane impractical. To better treat these mosquito breeding areas, the use of drones for treating areas with larvicides was begun in 2019. So successful were the reductions in mosquito numbers from the use of the drone service, we anticipate expanding the service to additional areas as funding permits in 2020.

With the changing world of communication, we continue to develop our social media communications following a robust social media strategy. We continue our presence on Facebook, Twitter, Instagram and other platforms. Our Public Information Officer, Aislynn Tolman-Hill oversees the creation and development of social media content and messaging including videos, livestreaming and animated explainer-videos. Social media content may promote current health department programming and initiatives or be in response to emergent public health needs.

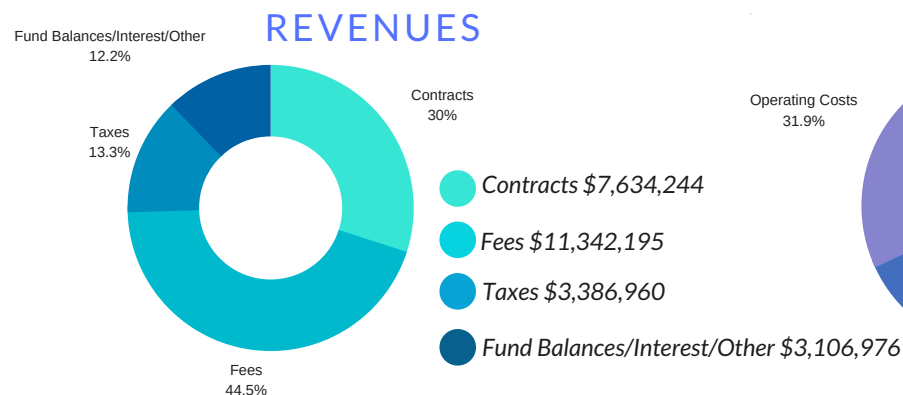
We look forward the challenges that will come in 2020, along with the opportunities that come with those challenges. We appreciate all the support we receive from our Utah County Board of Health, Utah County Commission, Utah County mayors and city councils, the many community organizations we enjoy partnering with, and from the citizens of Utah County. We hope to continue to provide the very best in public health services to our citizens.

Sincerely,  
**Ralph Clegg, EHS, MPA**  
Executive Director  
Utah County Health Department

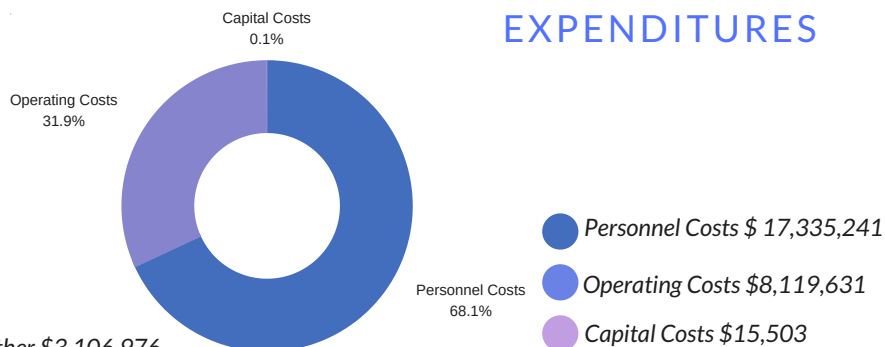


## BUDGET

### REVENUES



### EXPENDITURES





# SERVICE STORIES

## NURSING/HOME VISIT PROGRAMS

I had an infant with a heart defect that the Doctor was watching and having come in every few months. They were hoping to get the baby to 9 months and then do surgery. However, with a Welcome Baby visit I found that the infant was not growing and with a call to the heart doctor surgery was scheduled right away. We were able to catch this earlier than what might have otherwise happened thanks to the additional visits for this infant.

- Nurse Cindy

I found a mother living in a trailer home with a preemie baby during the month of October with no heat because she couldn't afford it. We got her the resources she needed to get heat and followed the baby for a year to make sure he met his milestones. The mother had a 5th grade education and spoke Spanish. Our visits took extra time because she couldn't read the information I was sharing in Spanish. We have her a pack-n-play for baby, to provide safe sleep, because the family was co-sleeping on the same bed. It was clear that the baby was hypertonic (common for premeemies) standing on tiptoes and pointing his toes while lying down. As he got older, we provided activities and stretches mom could do with the baby to help him stand and balance flat footed. We performed developmental screenings on baby every 2 months and referred him to Kids on the Move (early intervention). After about 6 weeks he was walking flat footed and mom was thrilled! Everyday I am more convinced of the importance of this program. - Nurse Janeen

## ENVIRONMENTAL HEALTH

I submitted a complaint/concern to the Environmental Health staff of the Health Department due to unsafe and possible unsanitary conditions at a restaurant. Not only were they professional and polite, they let me know that they would be doing an inspection and then followed up with me. When I think about the amount of complaints they must get for the size of Utah County, I was very impressed. I appreciate the work they do to keep us all healthy and safe. - Mike (resident)

## HEALTH PROMOTION

UCHD's Quality Improvement Coordinator, Kylaas Flanagan, is part of the Emergency Preparedness and Response Team and took on the major task of creating a Training and Exercise Plan for the Department. While the project was a need for UCHD's emergency preparedness and planning, it was also a major need for the department as a whole. One part of creating the Training and Exercise Plan was to ensure that all UCHD staff were trained in the Incident Command System (ICS) to respond to emergencies in a uniform fashion. Kylaas assured that 100 % of UCHD staff completed appropriate required ICS training. Achieving the 100% staff participation was 20% over the national benchmark for public health preparedness training. Beyond training, Kylaas also set up a system to track staff ICS training and ensure that all new staff receive training as well.

Having employees like Kylaas in the division of Health Promotion and throughout the whole department shows the level of dedication, professionalism and follow-through that UCHD ensures in order to provide a high level of customer service to the public, whether it be through one-on-one services or through high-level strategic planning. - Eric Edwards (Deputy Director), Aislynn Tolman-Hill (Public Information Officer)



# SERVICE STORIES



## MOSQUITO ABATEMENT

Thank you so much for taking the time to come to each of our classrooms. I loved the experience and we would all love to have you come back next year. For me, I have been looking for ways I can help mitigate mosquitoes in my neighborhood by always looking for stagnant water. The students and I talked multiple times about your technique with the pesticides and why it was done to prevent resilience. I also LOVE the iNaturalist app you mentioned in class and have used it myself many times and intend on having my students use it as assignments and experiences in class. I think the students got the big idea and loved seeing the real work that you are doing. Thank you! - Whitney, American Fork High School

## FOSTER GRANDPARENTS

Grandpa Bill: Bill has been coming into my class to assist four student this year in their reading skills. I will refer to them as 1 "J", "S", "B" and "A". I have watched all four of these students progress and improve in their reading skills because "Grandpa Bill" works with them and reads with them. J went from reading 85 words Correct per minute to 94 in the first half of the year. S went from, 46 to 79 WCPM. B went from 23 to 47 WCPM (this student is actually on a 1st grade reading level....these scores indicate 4th grade readings!) A went from 93 to 154. They have all made amazing improvements. They should all be reading 123 WCPM by this time next year! Bill not only read with them, he asked questions, help them understand how to pay attention to what they are reading so they know the information. These last few weeks, Bill has worked with these students to improve their Times Table facts. He calls them out, does flash cards, has them take quizzes, and gives them pointers on how to be a better test taker. I really enjoyed having him as part of our class support. ~ Mrs. Warnick

## SENIOR COMPANIONS

I think the Senior Companion literally saved my life when it was referred to me through Wasatch Mental Health to ease social isolation and loneliness. I have been volunteering for more than five years and it is now the reason I get out of bed! - Senior Companion Volunteer

## WOMEN, INFANTS, AND CHILDREN (WIC)

Thank you for the healthy foods and advice. It has been a life saver in our transition from broken homes and finding our place in the world. - WIC Client

"I just wanted to pass on some gratitude from a mama I saw today for her baby's 6-month mid-certification appointment. She is still exclusively breastfeeding and says she owes it all to WIC lactation services! She said she was ready to give up so many times but with lactation's support and help she was able to stick with it. She tells everyone she knows about WIC and their breastfeeding support."



# ADMINISTRATION

## NEW WEBSITE

Developed a new website to improve public access and navigability. New site is oriented to the public's needs and is mobile friendly with phones, tablets, etc. Preparing for launch in 2020.

## PERFORMANCE-BASED OUTCOMES

Each division of the health department set performance-based outcome goals with measures seeking to increase efficiencies and enhance public health resources for the public. All divisions are working to meet these goals and will update goals to reach further excellence.

## QUALITY IMPROVEMENT SURVEY

Implemented a department-wide customer satisfaction survey which included random telephone surveys to gauge the public's perspective about public health services rendered by health department employees (inspections, issuing birth certificates, educational classes, etc.). This quality improvement effort identified where we excel and opportunities for improvement for each Division.

## HEALTHY FAMILIES DAY

Held first annual Healthy Family Days at the new Payson location. This new event highlighted the new building and public health services for South County residents with a fun and family friendly event.

## UNSUNG HEROES



*Julie Dey*

The two administrative associates in Administration keep the whole Department running smoothly and are truly unsung heroes. They manage a massive amount of the behind the scenes work to keep the department organized.



*Debbie Shoemaker*

# BOARD OF HEALTH 2019

Mayor Jeff Acerson, Board President

Teresa Tavares, Vice Chair

Superintendent Rick Nielsen, Nebo School District

Commissioner Bill Lee

Dianne Carr

Mark Donaldson, MD

Erin Faraclas

Gaye Ray

Ryan Schooley



# SPECIAL PROJECTS



*Environmental Health Director, Bryce Larsen, providing a media briefing*



*Annual "Diabetes Circle" Awareness Day, pictures posted on social media*



*Crash Simulator at Healthy Families Day*



*Healthy Families Day at the new Payson location*



*Keaton Gerrard (Utah Interactive) and Carrie Bennet (UCHD) the leaders of the website project for UCHD*



*Drive-Thru Flu Clinic at Lone Peak High School, to test emergency vaccination capabilities*



# MOSQUITO ABATEMENT

## MOSQUITOES TRAPPED

- **89,329** in standard traps
- **36,723** in air spay traps
- **73,816** special study
- **199,868** TOTAL

## TESTING

Used the q-PCR testing in house to test for West Nile Virus, Western Equine Encephalitis and Saint Louis Encephalitis.

## TREATMENT

- **44,780** catch basins
- **175,339** acres on ground
- **90,933** acres by air
- **1,231** acres of water via drone
- **100** acres of water via drone (otherwise inaccessible)
- **267,603** TOTAL acres treated

## ZIKA SPECIAL STUDY

Trapped for *Culex* *egypti* and *Culex* *alpopictus* the vectors of Zika virus, finding none.

## WEST NILE VIRUS

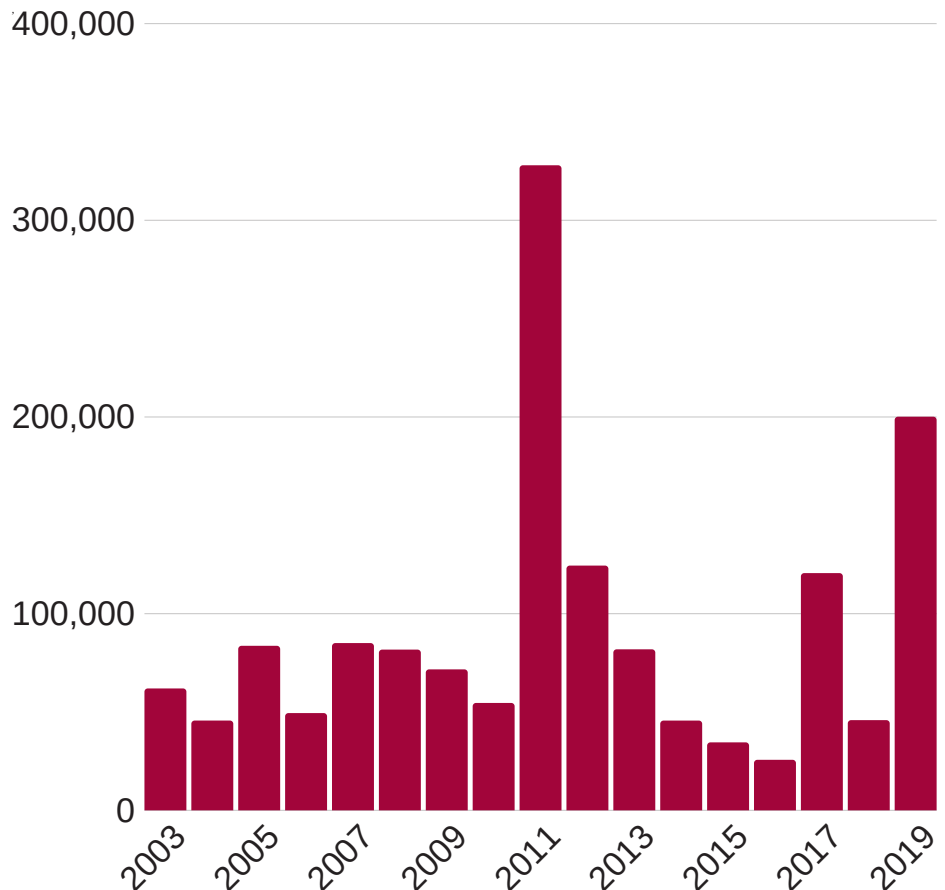
- **2,044** pools tested
- **4** pools tested positive
- **1** human case
- **0** equine cases

## SERVICE REQUESTS

Responded to **889** service requests within a 24-hour workday period.

## EDUCATION

- **450** elementary students educated about aquatic invertebrates and mosquitoes
- Taught classes in Orem High School, and Utah Valley University about mosquito abatement.



*Total mosquitoes trapped by year*

# VITAL RECORDS

## INITIAL CERTIFICATES ISSUED

### BIRTH

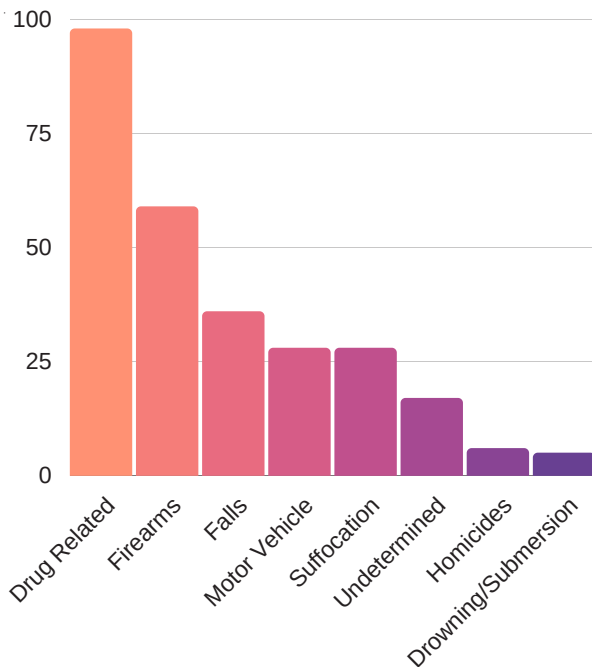
- **10,799** Provo office
- **4,836** American Fork office
- **732** Payson office
- **16,367** TOTAL

### DEATH

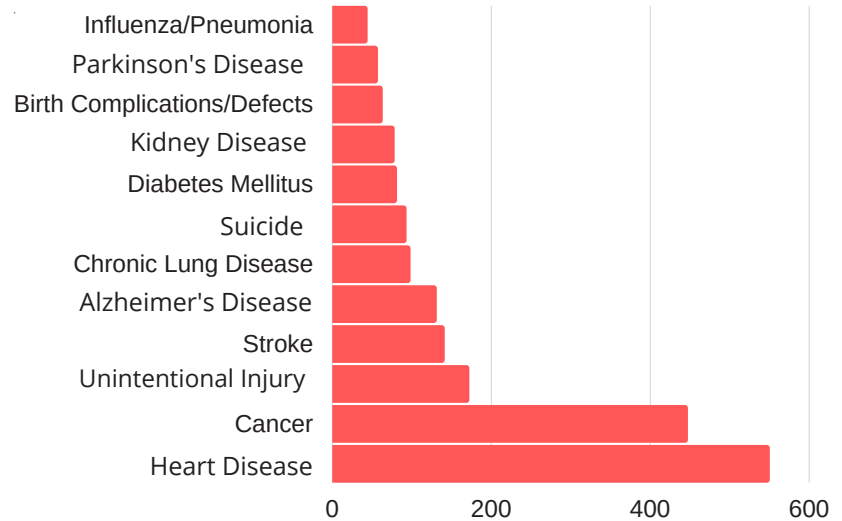
- **1,566** Provo office
- **920** American Fork office
- **415** Payson office
- **2,901** TOTAL



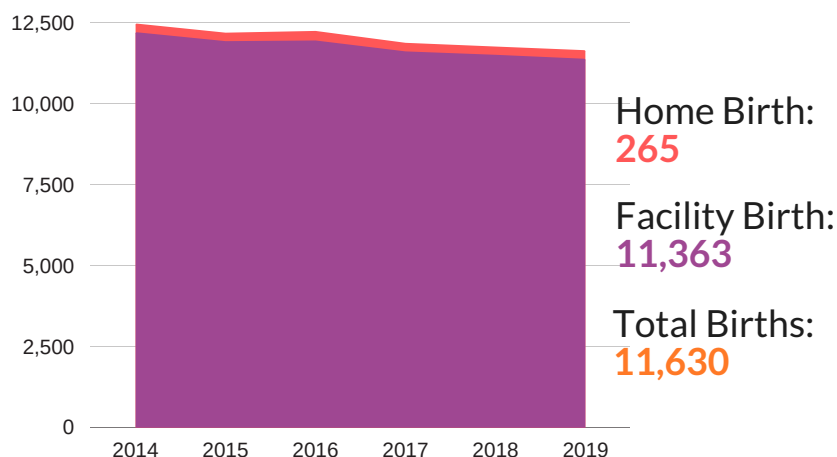
## TRAUMATIC DEATHS



## LEADING CAUSES OF DEATH



## BIRTHS BY YEAR



## BIRTHS DETAIL

Births to unmarried mothers: **1,113**

Births to mothers 15 - 17 : **43**

Births to mothers 18 - 19 : **186**

Births to mothers with 6+ live births: **188**





# FAMILY & PERSONAL HEALTH SERVICES

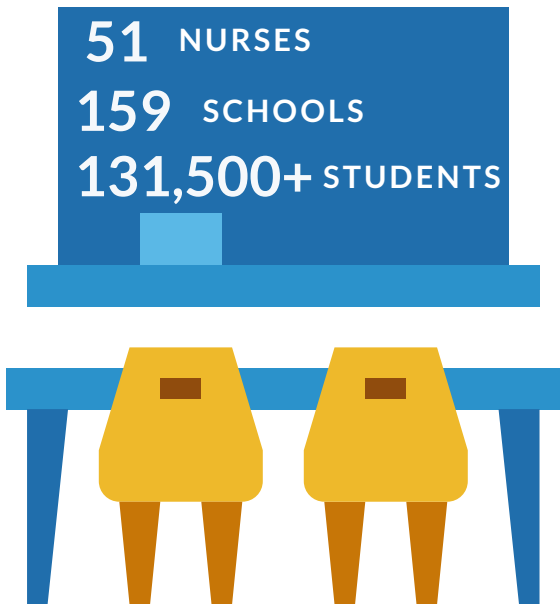
## SCHOOL NURSING

### NURSE/STUDENT RATIO

- 1 / 3,229 Alpine School District
- 1 / 4,172 Nebo School District
- 1 / 4,150 Provo School District

### TOPICS TAUGHT

- Hand washing & Hygiene
- Germ Prevention
- Healthy Habits
- Dental & Nutrition
- Flu Prevention
- Stop the Bleed
- Diabetes
- Allergies
- Rashes
- Vaping
- Head Lice
- Maturation
- Mental Health



### VACCINE CLINICS

- 30 School vaccine clinics
- 3,356 Vaccines distributed to 2,495 clients

### STUDENT CARE

5,592 Student care plans completed or reviewed:

- 477 Diabetes
- 1,815 Asthma
- 355 Seizures
- 1,246 Severe Allergies
- 745 Mental Health
- 954 Other

### VISION CARE

- 73,806 Student vision screenings
- 3,142 Referrals to eye specialists
- 1,416 Students received new glasses

### IMMUNIZATION STATUS AS OF THE 1ST DAY OF SCHOOL, BY SCHOOL DISTRICT

	ALPINE		NEBO		PROVO	
	Adequately Immunized	Total Exemptions	Adequately Immunized	Total Exemptions	Adequately Immunized	Total Exemptions
Kindergarten School Entry	5892	247	2,426	123	1025	50
2nd Dose of Measles (MMR)	77,912	3,447	31,290	1,218	14,083	258
7th Grade Entry Boosters	6,375	403	2,364	109	1,020	61

4.30 %  
UTAH COUNTY  
IMMUNIZATION  
EXEMPTION RATE

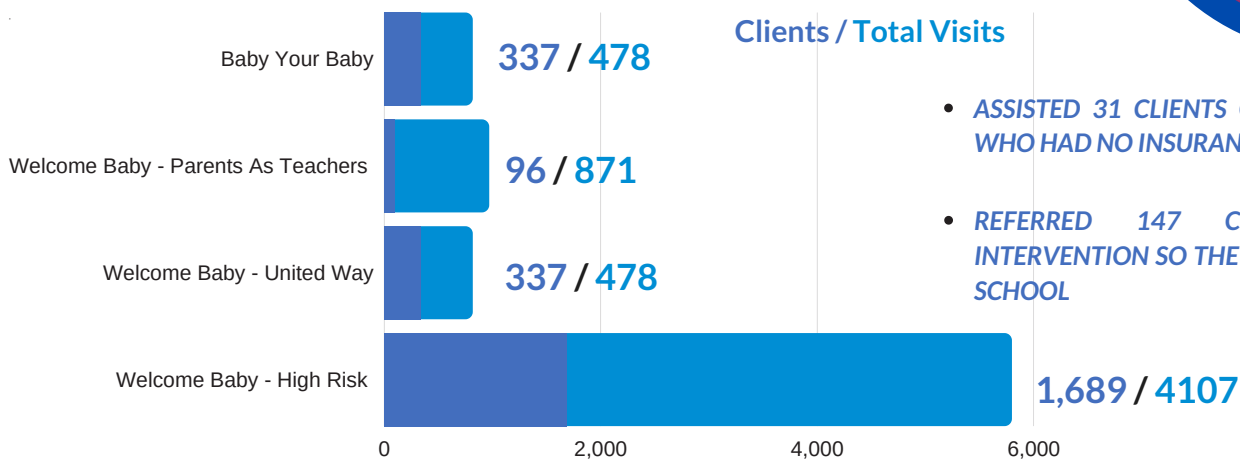
*\*Based on Kindergarten exemptions*

*\*At the end of the school year: 100% of students are compliant with immunization requirements.*

1595 FACULTY, STAFF AND STUDENTS WERE TRAINED IN CPR AND FIRST AID

# FAMILY & PERSONAL HEALTH SERVICES

## HOME VISIT PROGRAMS



- ASSISTED 31 CLIENTS QUALIFY FOR MEDICAID WHO HAD NO INSURANCE
- REFERRED 147 CLIENTS FOR EARLY INTERVENTION SO THEY WOULD BE READY FOR SCHOOL

## REPORTABLE INFECTIOUS DISEASES

Disease	5 yr AVG	2019	Disease	5 yr AVG	2019	Disease	5 yr AVG	2019
Campylobacter	85.8	104	Hepatitis B	1.2	2	Pertussis	98.6	48
Chlamydia	1,091	1385	Hepatitis B - perinatal	10.8	10	Salmonella	69.2	35
Cryptosporidium	27.4	39	HIV (new cases)	13.8	42	Shigella	6.4	8
E. coli	26.4	27	Influenza - activity	630.4	1021	Syphilis	21.4	49
Electronic Vaping-Associated Lung Injury (reportable as of 2019)	22	3.5	Influenza - hospitalized	206.4	200	Tuberculosis - active	1.8	1
Giardia	38.6	26	Legionellosis	3	7	Tularemia	0.2	1
Gonorrhea	166.2	255	Lyme	2.6	0	Varicella (chicken pox)	54.6	37
Hepatitis A	11.2	7	Measles	0.6	0	West Nile Virus	2.2	1



Staff track and investigate **88+** reportable conditions

### OFFSITE CLINICS

- 95 Clinics
- 4,506 Clients
- 6,137 Vaccines

### ONSITE CLINICS

- 27,934 Clients
- 48,705 Vaccines

### HEALTHY COACHING

- 2,477 Coaching sessions
- 438 Total attendance

### HEALTH FAIRS

- 608 Total attendance

## IMMUNIZATION & WELLNESS CLINICS

Service	#	Service	#
Cholesterol Screenings	904	Be Wise Heart Disease Screenings	722
Family Planning Visits	44	Malaria Prescriptions	1,176
Fluoride Prescriptions	90	Pregnancy Tests	112
General Health Exams	199	Sexually Transmitted Infection Screening	649
HIV Screenings	241	Skin Cancer Screening	230
HIV Screenings (Travel)	48	Tuberculosis clients on preventative medication	77
Immigration Exams	1,060	Tuberculosis Skin Tests	4,221
Laboratory Tests	8,465	Women's Cancer Screening	1,690

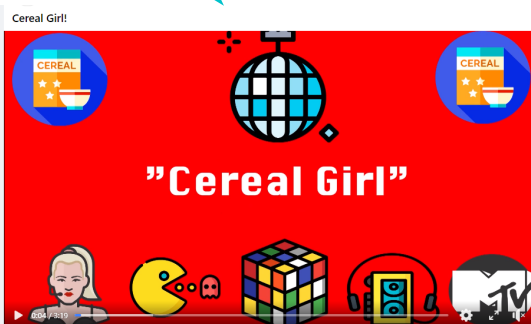
# PUBLIC INFORMATION & COMMUNICATION

1,200+ SOCIAL MEDIA POSTS

9,000+ ENGAGEMENTS WITH SOCIAL MEDIA POSTS



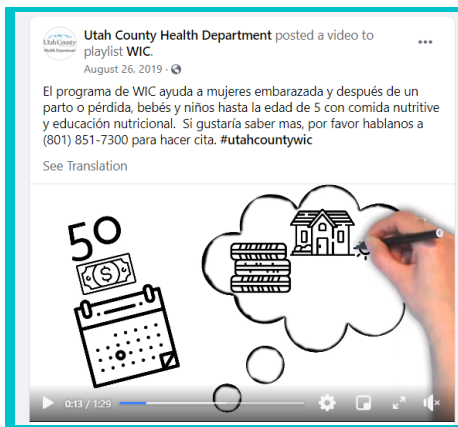
## TOP PERFORMING SOCIAL MEDIA POSTS



WIC video promoting new WIC cereals – set to Madonna's "Material Girl" song



Short animated explainer video with easy flu prevention tips.



Whiteboard video in Spanish "What would you do with \$50" promoting the value of WIC



New UCHD staff member "Rexy" getting his flu shot – reminding the public it's not too late to get your flu shot!



Public Information Officer Aislynn Tolman-Hill gets her flu shot (given by nurse Jennifer) on camera promoting the drive-thru flu clinic at Lone Peak High School.



Animated explainer video promoting the drive thru flu clinic

# AMERICAN FORK OFFICE



## ENVIRONMENTAL HEALTH

Served 400+ clients

## IMMUNIZATIONS

Served 8,172 clients

## INJURY PREVENTION

- Provided 124 car seat checks
- Provided 11 car seat classes

## VITAL RECORDS

- Issued 920 initial death certificates
- Issued 4,836 initial birth certificates

## WIC

Served 27,168 clients



# SOUTH COUNTY OFFICE

## IMMUNIZATIONS

Served 1,142 clients

## VITAL RECORDS

- Issued 415 initial death certificates
- Issued 435 initial birth certificates

## WIC

Served 16,281 clients

## INJURY PREVENTION

Provided 1 car seat check

Provided 1 large scale comment event to promote



# HEALTH PROMOTION



## WORKSITE WELLNESS

- **Well 4 Life**
  - **70 %** Employee Participation
  - **870** participants
- **Onsite Promotion**
  - National Nutrition Month
  - American Heart Association
  - National Get Fit, Don't Sit Day
  - Eat Right
- **Events & Workshops**
  - Select Health onsite health screening
  - Working Minds suicide prevention program
  - Positive Attitude Development Workshop
  - United Way Day of Caring
  - Prevent T2 Program
  - Intuitive Eating Workshop
  - Financial Wellness Workshop



## ENVIRONMENTAL

- **Asthma Blog**
  - Recognized as one of the **10** best asthma blogs of 2019 by MedicalNewsToday
- **Asthma Home Visit Program**
  - **59** Program referrals
  - **44** families enrolled
  - **31** new participants
  - **101** home visits
- **Radon**
  - **600** educated
  - **121** home kits sold
  - **60** in-home radon tests conducted
  - Promoted radon posted contest



### Asthma Home Visit Program Participants Experience



75% average decline in missed work days



60% reduction average unplanned doctor visits



75% reduction in asthma related emergency department visits



82% reduction in asthma related hospitalizations



53% reduction in episodes requiring oral corticosteroid



53% average decline in missed school days

## COMMUNICATION

### Top performing social media posts



*Rexy, a new UCHD staff member!*



*Whiteboard animation explainer video promoting the PREVENT T2 program.*

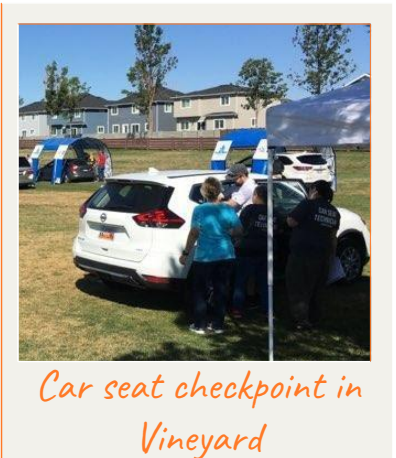




# HEALTH PROMOTION

## INJURY PREVENTION

- **Child Passenger Safety- English**
  - 23 car seat classes
  - 151 seats distributed
  - 484 car seats checked
  - 381 families educated
- **Hispanic Outreach**
  - 11 car seat classes
  - 68 seats distributed
  - 77 car seats checked
  - 50 families educated
- **Falls Prevention**
  - 44 Older adults educated
  - 4 Workshops
- **Poison Prevention**
  - 2048 Educated
  - 35 Presentations
- **Utah County Safe Kids**
  - 2 car seat checkpoints
  - 12 + health fair participation
  - 25 helmets distributed on Bike to School Day
  - Interview provided on water safety
  - 40 NICU nurses trained on car seat safety
  - Mock crash participation at Maple Mountain High School
- **Suicide Prevention**
  - 830 Educated in
  - 26 Workshops
  - Presented at 3 conferences



## TOBACCO CONTROL & PREVENTION

- **Healthcare Providers**
  - 150 trained on prenatal cessation
  - 74 trained on cessation resources
- **Retail Compliance**
  - 255 compliance checks with youth
  - 12 underage sales; sale rate 4.7%
- **Retailer Education**
  - 201 received training
- **Baby Steps**
  - 5 actively quit women per month, 1 man actively quit
  - 4 graduated from program
- **Dimensions Class**
  - 12 classes
  - 170 educated
- **Way to Quit**
  - 205 people contacted the Quitline
- **Emergency Administrative Rule R384-418**
  - 184 tobacco retail stores educated
  - 19 municipalities educated
- **Tobacco 21 Law**
  - Lehi and Cedar Hills passed Tobacco 21 local ordinance
  - Utah passed state tobacco 21 law
  - Federal government passed tobacco 21 law



*OUTRAGE! youth with Representative McAdams*

## CHRONIC DISEASE PREVENTION

- **Chronic Pain Self Management Program**
  - 3 workshops provided
- **Tomando Program**
  - Diabetes prevention program provided in Spanish
- **Diabetes Self Management Program**
  - 2 programs offered
- **Self Management Programs**
  - 55 participants completed

MILLION HEARTS

### Excellence in Blood Pressure Program

14 clinics received awards. Highlights:

- Intermountain Springville Clinic – Platinum
- Intermountain North Orem Clinic – Silver
- Intermountain American Fork Internal Medicine – Silver
- Intermountain Highland Clinic – Silver

*Awarded to clinics that demonstrate expertise in heart health and dedication to their patients*

- **Prevent T2 Cohort 4**
  - 6 participants
  - 23 pounds lost over 1 year
  - 31,733 minutes physical activity





# ENVIRONMENTAL HEALTH



FOOD HANDLER'S PERMITS ISSUED  
**20,664**



FOOD ESTABLISHMENT INSPECTIONS  
**3,407**



VEHICLE EMISSIONS TESTS  
**329,430**



PUBLIC POOL SAMPLES  
**2,525**



SAMPLES IDENTIFYING  
HEALTH RISK  
(Includes Utah Lake algal bloom sampling)  
**24**

**2,162** Food Establishment Permits

**152** School Inspections

**1,007** Temporary Food Permit Applications

**36** Mass Gathering Permits

**541** Public Pool Inspections

**159** Food/Pool Plan Reviews

**27** Tanning Facilities Licensed

**224** Sanitation Complaints Investigated

**190** Recreation Water Samples Tested

**54** Body Art Facility Permits  
(tattoo, piercing, permanent cosmetics, etc.)

**1124** Motor Vehicle Inspection Station Audits

**730** Motor Vehicle Inspection Technicians Licensed

**66** Underground Storage Tanks Inspected

**109** Used Oil Recycling Inspections

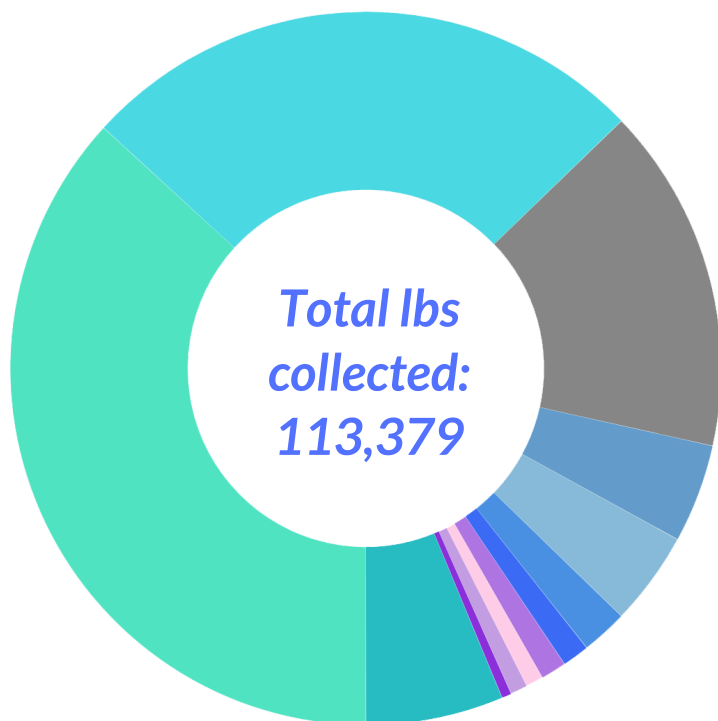
**121** Radon Kits/Information Distributed

**14** Water Systems Inspected

**121** New On-Site Waste Water Permits

**86** Childcare Kitchen Inspections

## HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY EVENT



Paint 41,180

Trash/Document Shred 29,280

Used Oil/Antifreeze 17,581

Electronics 7000

Flammable/Toxic Liquids 5,017

Solid Inorganic Bases, Other 4,767

Aerosol Cans 2,360

Butane, Propane, Extinguishers 1,363

Fluorescent Lamps/  
PCB Ballasts 1,294

Glass 890

Ion Batteries 882

Medications/Sharps 496



# WOMEN, INFANTS & CHILDREN

Average number of clients served per Month = 10,217  
122,604 clients provided healthy foods, nutrition education, and other health services.

## PUBLIC CHARGE RULE

In 2019, WIC was listed as exempt from the new Public Charge rule, meaning those who will be applying for a change of immigration status can use the WIC program without it affecting their immigration application.

## SOCIAL MEDIA

Increased presence on social media. Increased Facebook post frequency; including videos to promote Utah County WIC, including live videos, white board drawing video in English and Spanish, and promotion of the new WIC food package changes. Facebook following has increased to 641 followers from less than 100. We now have 641 followers. Follow us at Utah County WIC on Facebook and utahcountywic801 on Instagram.

## COMMUNITY CLASSES

- Nutrition Education
- Infant Massage
- Baby Wearing
- Baby Behaviors
- Car Seat education taught by Health Promotion
- Breastfeeding class

## INTEGRATED REFERRAL AND INTAKE SYSTEM (IRIS)

Between April 2019-Dec 2019, the Provo WIC office sent 233 referrals to community resource providers in the South Franklin Partnership within the IRIS referral system.

## CLIENT SATISFACTION

Client Satisfaction Survey reported that 95.7% rated their experience at WIC as either good or excellent. 91% said they have made some behavioral changes since coming to WIC – the change with the largest percentage (69.6%) being eating more fruits and vegetables.

## eWIC COMING SOON!

Preparing for roll-out of eWIC program for 2020 that will include a WIC card instead of using WIC vouchers/checks.



*5th annual breastfeeding rest stop at the Utah County Fair.*

## LACTATION SERVICES

Utah County WIC lactation services are free and available to the public, including one-on-one consultations and breastfeeding classes.

## WIC STAFF

WIC has 12 Registered Dietitians, 3 Nutritionists, 1 IBCLC (International Board-Certified Lactation Consultant), and 24 Certified Lactation Educators on staff.





# SENIOR VOLUNTEERS

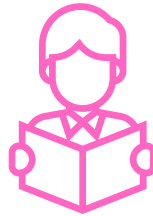
## FOSTER GRANDPARENTS

**53** Foster Grandparent volunteers served **34,959** hours, helping more than **525** students in Alpine, Nebo and Provo School Districts.

In 2020, Foster Grandparents will improve their tutoring/mentoring skills for the children they serve, as well as learning about “Getting Good at Getting Older” for themselves.



*Grandma Velva Merrell, being honored for completing 20 years of service!*

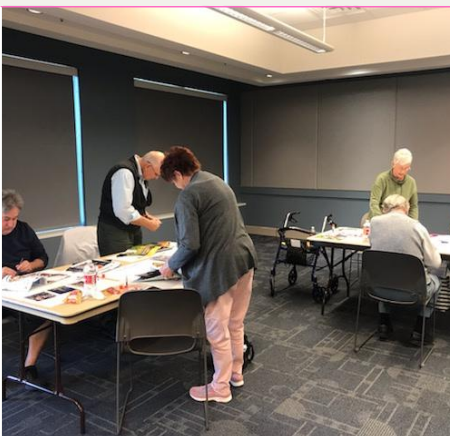


*Grandma Grandma Velma Haggerty, age 79  
Serves in the Special Needs classroom  
at Westmore Elementary*

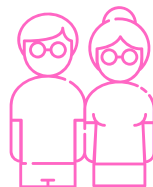
## SENIOR COMPANIONS

**33** Senior Companion volunteers served **22,785** hours, assisting **161** clients in Utah and Wasatch counties.

In 2020, Senior Companions will focus on forgetting their age and living their lives. There will be opportunities for reflection, fun activities, exploration of new concepts and support for continued growth.



*Volunteers making Gratitude Boards during our November in-service meeting  
What are you grateful for?*



*Seniors enjoying live entertainment during mini-recognition December event*

# FRIENDS OF PUBLIC HEALTH



## THE CLEAN AIR TASK FORCE

The Clean Air Task Force was established to counteract Utah County's severe short-term air pollution in early 2014. The task force focuses on cleaner air for better quality of life. They seek solutions through coordination with local government agencies, elected officials, community leaders and businesses. Additionally, they strive to educate and motivate community members including students on measures they can take to reduce pollution to benefit not only family health, but also the economy in Utah Valley.

The task force seeks to educate and inform the public about clean air issues through community events, education through local schools and online resources, and alerting task force member to state legislation related to clean air.

Activities of the task force include acquiring and placing air-quality flag sets in many schools in Utah Valley and all Provo fire stations, posting air-quality information onto social media and local electronic billboards, educating the public about new car smog ratings, supporting passage of a county limit on idling, encouraging state and local governments to support clean air measures, and sharing information with each other on how to improve air quality.

Other areas of focus include: car smog ratings, County ordinance on dust from gravel pits, and promotion of mass transit and bike sharing.



*Ned Hill,  
Clean Air Task Force*

## UTAH VALLEY QUILT GUILD



*Elise Larsen, 2019 President  
Geraldyn Powers, 2019 Service Chair  
with County Commissioners*

The Utah Valley Quilt Guild was organized in January 1982 as a non-profit group to promote the art of quilting through educational and social means and now averages about 250 members.

A main purpose of the group is to give service and volunteer skills to the community. Each year the Guild donates fabrics and makes quilts to share with a variety of people in need. Some of the quilts have gone to homeless shelters, women's shelters, immigrants, police units, foster children, and a special love is the "Welcome Baby" program.

The quilts are either made by individual women in their homes, or the guild members come together to "mass" produce a large number of quilts in one day. In 2019 40 members, along with 13 sewing machines, lots of thread, and fabric, and pins, and needles came together at the County Administration Building in Provo and finished almost 70 quilts in one day! Those quilts were "walked" across the street to the Utah County Health Department Offices.

The Welcome Baby staff visits close to 2,000 high-risk families and high-risk infants a year. A Welcome Baby goal is to give each family a quilt and teach families about the importance of "Tummy Time" and literacy. The Utah Valley Quilt Guild over the last several years has provided close to 500 blankets for our Utah County families.



# HOW CAN WE HELP?



## ADMINISTRATION

Health and Justice Building  
151 S University Ave, Provo UT  
801-851-7012



## ENVIRONMENTAL HEALTH

801-851-7525



## PUBLIC INFORMATION

833-UCHDPIO  
833-824-3746



## AIR QUALITY

3255 North Main Street  
Spanish Fork, UT, 84660  
801-851-7600



## HEALTH PROMOTION

801-851-7095



## SENIOR VOLUNTEERS

Senior Companions  
801-851-7767  
Foster Grandparents  
801-851-7784



## FAMILY & PERSONAL HEALTH

801-851-7024



## MOSQUITO ABATEMENT

476 West 3000 North  
Spanish Fork, UT, 84660  
801-851-7637



## VITAL RECORDS

801-851-7007



## EMERGENCY PREPAREDNESS

801-851-7069



## NORTH COUNTY BLDG

599 S 500 E, American Fork  
UT 84003  
801-851-7333



## WOMEN INFANTS & CHILDREN

Provo Clinic/Administration:  
151 S University Ave, Provo, UT 84601  
North County Clinic: 599 S 500 E  
American Fork, UT 84003  
Orem Clinic: 816 N 980 W, Orem,  
UT, 84057  
South County Clinic: 285 N 1250 E,  
Payson, UT 84651  
Appointments: 801-851-7300



## SOUTH COUNTY BLDG

285 N 1250 E,  
Payson UT 84651  
801-851-7353

Immunizations 801-851-7351  
Vital Records 801-851-7353  
Women, Infants & Children  
Classes

Utah County Health Department complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Utah County Health Department cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Utah County Health Department ] 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

Utah County Health Department tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính.

Utah County Health Department 은(는) 관련 연방 공민권법을 준수하며 인종, 피부색, 출신 국가, 연령, 장애 또는 성별을 이유로 차별하지 않습니다.

Utah County Health Department bik'ehgo h0ji'9n7g77 bidadeeti'7g77 W11shindoon t'11 1t'4 bil'1'ashdla'i' bee b1 1dahaazt'1'7g77 bibee haz'32nii d00 doo ak'7j8' nits1h1kees da d77 ninahj8' al'33 dadine'4, dine'4 bik1g7 1t'eh7g77, bin11hai'7g77, nazhnit'ago da, 47 doodaii' asdz1n7 d00 din4 1t'eh7g77.

Utah County Health Department ले उपयुक्त संघीय अधिकारको व्यवस्थासँगै पालन गर्छ र वंश, रङ, राष्ट्रियता, उमेर, अपाङ्गता वा लिङ्गको आधारमा भेदभाव गर्दैन ।

Utah County Health Department 'oku nau muimui ki he ngaahi lap totonu, ki he siyile 'o e Fetulolo (Federal civil rights law) pea 'oku 'ikai ke nau faikehekehe'i (discriminate) makatu unga he matakali, lanu, fonua ne tupu mei ai, ta u, tisi apiliti, pe fa unga tangata.

Utah County Health Department pridržava se važećih saveznih zakona o građanskim pravima i ne pravi diskriminaciju po osnovu rase, boje kože, nacionalnog porijekla, godina starosti, invaliditeta ili pola.

Sumusunod ang Utah County Health Department sa mga naaangkop na Pederal na batas sa karapatang sibil at hindi nandiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian.

Utah County Health Department erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.

Utah County Health Department соблюдает применимое федеральное законодательство в области гражданских прав и не допускает дискриминации по признакам расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола.

Utah County Health Department يلتزم الأصل الوطني أو السن أو الإعاقة أو الجنس بقوانين الحقوق المدنية الفدرالية المعمول بها ولا يميز على أساس العرق أو اللون أو

Utah County Health Department မှုဒုန္တလ္လမ္ဘာသို့မဟုတ်အခြားသောလူမျိုးစုအပေါ်မူတည်၍ မိမိတို့၏အသွင်အပြင်အရပ်အကွက်အရ ခွဲခြားခြင်းကို မပြုလုပ်ပါ။

Utah County Health Department respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.

Utah County Health Department は適用される連邦公民権法を遵守し、人種、肌の色、出身国、年齢、障害または性別に基づく差別をいたしません。

Utah County Health Department è conforme a tutte le leggi federali vigenti in materia di diritti civili e non pone in essere discriminazioni sulla base di razza, colore, origine nazionale, età, disabilità o sesso.

Utah County Health Department cumpre as leis de direitos civis federais aplicáveis e não exerce discriminação com base na raça, cor, nacionalidade, idade, deficiência ou sexo.

Utah County Health Department ได้ปฏิบัติตามรัฐธรรมนูญที่ห้ามการเลือกปฏิบัติโดยไม่คำนึงถึงเชื้อชาติ อายุ ความพิการทางกาย หรือเพศ

Utah County Health Department Seera hariiroo hawwaasummaa Federaalaan wal qabatan sanyiidhaan, bifaan, dhiigaan, umriidhaan, hiri'ina qaamaan, yookiin koorniyaadhaan hin loogu.