



UTAH COUNTY HEALTH DEPARTMENT

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Executive Director

January 11, 2021

The Utah County Health Department and Governor Spencer Cox suggest that those who have had COVID-19 wait for 90 days after the onset of the disease before receiving the vaccine. There are three reasons for this recommendation.

First, according to current information natural infection protects those infected from reinfection for at least 90 days.

Second, vaccine is currently in limited supply so deferring vaccination for those who have recently had the disease will make more vaccine available to protect those who have not yet been infected.

Third, a few individuals who have received the vaccine after recent natural infection have noticed temporary recurrence of their symptoms, sometimes even severe symptoms.

The Centers for Disease Control and Prevention (CDC) recommends that COVID-19 vaccine should be offered to those who have had COVID-19 disease. The vaccine may be given any time after the illness has resolved and criteria for ending isolation have been met. The current vaccines cannot cause the disease or cause a positive test for the disease.

The vaccine is not contraindicated after recovering from infection, so you may choose to receive the vaccine now or defer until 90 days after the onset of infection.

Signature of Eric S. Edwards dated 1/11/2021 and Signature of David E. Flinders, M.D. dated 1/11/2021

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